

# MOUNTAIN BIKING

## HOW TO ACCESS TMNT TRAILS

Park by the Esso near the Elk River, and ride up the highway on your bike. You will see the forestry road on your right (~300m).

ALL TRAILS ARE BIDIRECTIONAL EXCEPT

**\*\*NO BIKING UP\*\***

Lost Lake trail  
Shredder (NO HIKING)  
Half Shell  
Heroes

### SHREDDER (Flow trail)

INTERMEDIATE

- 45min-1hr
- 6KM
- 240m elevation gain

TCT, Bebop, down Lost Lake and then continue down Shredder.

### FULL SHELL ROUTE

ADVANCED

- 1hr 15min-2hr
- 12.5KM
- 421m elevation gain

TCT, Bebop, Splinter, Cowabunga, down Rocksteady, up Splinter and down Turtle Power and Half Shell.

★ Maintained in the winter for fat bikes and snowshoeing

### FAVORITES

#### BEST DESCENTS

- Bebop
- Shredder
- Heroes

EASY

INTERMEDIATE

ADVANCED

#### BEST CLIMBS

- Bebop
- Turtle Power



# HIKING

INTERMEDIATE

- 1hr 30min-2 hours total
- 6KM
- 200m elevation gain
- The perfect view of Elkford and surrounding mountains.



## DIRECTIONS

Park by the Esso near the Elk River, and walk up the highway. You will see the forestry road on your right (~300m). You'll find Sensei hiking trail by climbing Lost Lake trail. Sensei is a sustain climb. If you prefer an easier journey, climb Pizza Pizza followed by Turtle Power.

## EAGER FOR MORE?

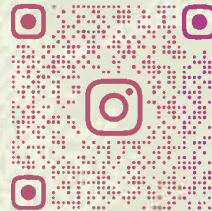
Continue past the Vantage Point using Cowabunga to get to Lost Lake.

- 3-4 hours total

## CONTACT US

Become a member of the Elkford Trails Alliance to support trail maintenance and new trail building.

Visit our website  
[www.elkfordtrailsalliance.ca](http://www.elkfordtrailsalliance.ca)



ELKFORDTRAILSALLIANCE

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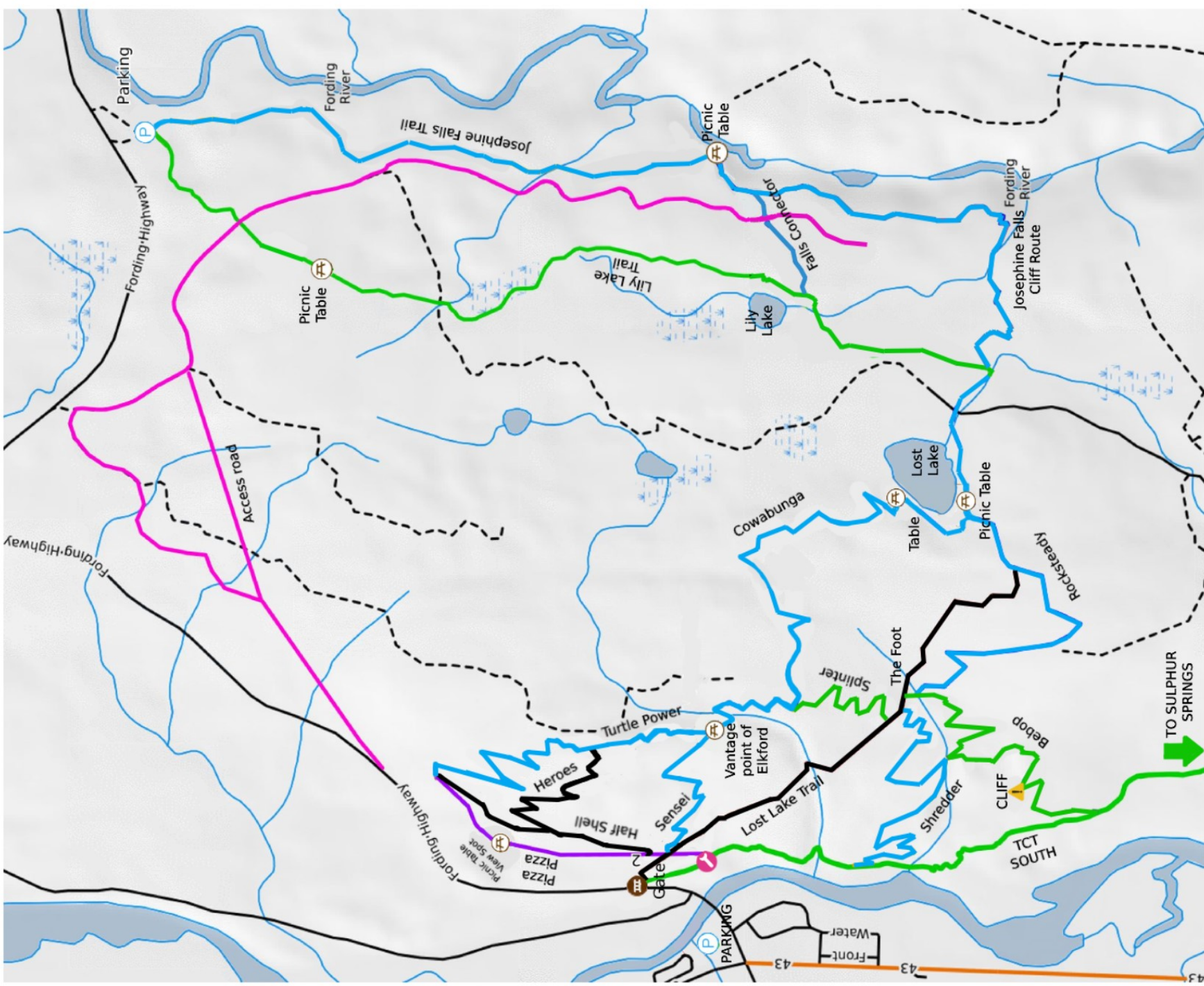
elkford  
Wild at heart.



# TMNT TRAILS

EXPLORE THE GREAT OUTDOORS!





ELKFORDTRAILSALLIANCE